

Nutrition

	per 100g	per 180g
Energy	922kJ/221kcal	1659kJ/398kcal
Fat	14g	24g
of which Saturates	9.0g	16g
Carbohydrate	19g	34g
of which Sugars	7.6g	14g
Protein	4.7g	8.5g
Salt	0.55g	1.00g

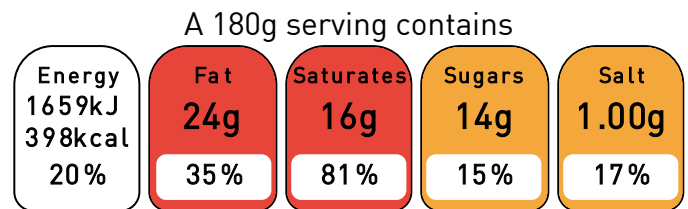
Ingredient Declaration

White Flour (With Added Calcium Carbonate, Iron, Niacin And Thiamin) [Wheat, Rye, Barley, Oats, Spelt], Milk, Water, Custard Powder [Milk], Sugar, Palm, Palm Fractions, Rapeseed Oil, Whole Milk Powder, Cocoa Butter, Rapeseed, Cocoa Mass, Whey Powder [Milk], Salt, Skimmed Milk Powder, Colours (E160b, E100), Soya Lecithin, Natural Vanilla Flavouring, Emulsifier (E471), Flavouring (E160b Annatto, E100 Curcumin)

Allergens

- Contains Gluten !
- Contains Wheat !
- Contains Rye !
- Contains Barley !
- Contains Oats !
- Contains Spelt !
- Contains Milk !

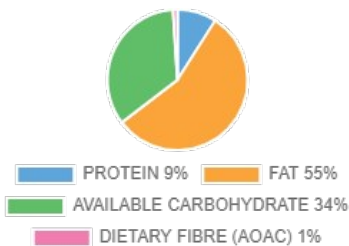
Front of Pack



of an adult's reference intake

Typical values per 100g: 922kJ/221kcal

Energy Contributions



EU Reference Intakes

Per 100g		RI Quantity	% RI
Energy	kJ	8400	922 11%
Total Fat	g	70.0	13.5 19%
Saturates	g	20.0	9.0 45%
Carbohydrate	g	260.0	19.1 7%
Sugars	g	90.0	7.6 8%
Protein	g	50.0	4.7 9%
Salt	g	6.0	0.55 9%