

Nutrition

	per 100g	per Bun
Energy	913kJ/216kcal	639kJ/151kcal
Fat	4.8g	3.4g
of which Saturates	2.1g	1.5g
Carbohydrate	37g	26g
of which Sugars	27g	19g
Protein	5.5g	3.8g
Salt	0.35g	0.25g

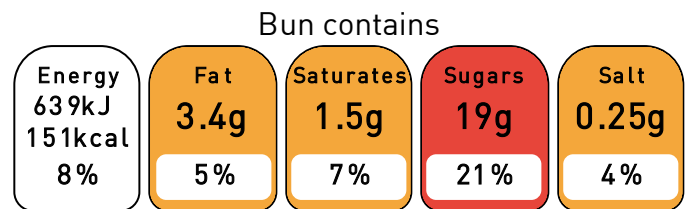
Ingredient Declaration

White Flour (With Added Calcium Carbonate, Iron, Niacin And Thiamin) [**Wheat, Rye, Barley, Oats, Spelt**], Sucrose, Semi-Skimmed **Milk, Egg**, Water, Palm, Granulated Sugar, Bakers Yeast, Cherries, Glace, Dextrose, Rapeseed, Maltose, Emulsifier (E471) (E472), Salt, **Wheat** (Calcium, Iron, Niacin And Thiamin) [**Rye, Barley, Oats, Spelt**], Emulsifier (E481), **Soya** Flour, Flour Treatment (Ascorbic Acid (E300)), Enzymes, Emulsifier (E471), Flavouring (E160b Annatto, E100 Curcumin), Citric Acid

Allergens

- Contains Gluten !
- Contains Wheat !
- Contains Rye !
- Contains Barley !
- Contains Oats !
- Contains Spelt !
- Suitable for Vegetarians
- Contains Eggs !
- Contains Soybeans !
- Contains Milk !

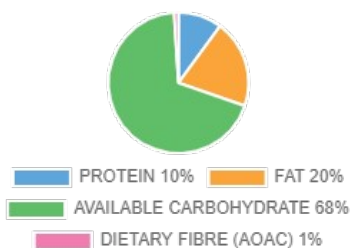
Front of Pack



of an adult's reference intake

Typical values per 100g: 913kJ/216kcal

Energy Contributions



EU Reference Intakes

Per 100g		RI Quantity	% RI
Energy	kJ	8400	913 11%
Total Fat	g	70.0	4.8 7%
Saturates	g	20.0	2.1 11%
Carbohydrate	g	260.0	37.0 14%
Sugars	g	90.0	27.4 30%
Protein	g	50.0	5.5 11%
Salt	g	6.0	0.35 6%