

Nutrition

	per 100g	per 314g
Energy	1100kJ/262kcal	3456kJ/822kcal
Fat	10g	33g
of which Saturates	3.9g	12g
Carbohydrate	29g	91g
of which Sugars	1.6g	5.0g
Protein	12g	38g
Salt	1.1g	3.4g

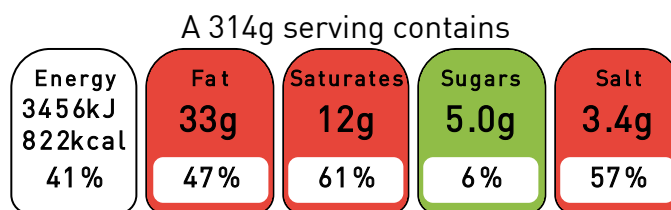
Ingredient Declaration

Wheat Flour [Rye, Barley, Oats, Spelt, Eggs, Sesame], Water, Bacon Rashers, Back, Dry-Fried, Chicken, Rusk [Wheat], Beef Fat, Pork, Vegetable Starch, Vegetable Oil (Rapeseed, Palm Oil), Wheat Flour (Calcium Carbonate, Iron, Niacin, Dextrose, Stabiliser E451) [Rye, Barley, Oats, Spelt], Yeast, Wheat Gluten, Malted Wheat Flour [Rye, Barley, Oats], Dextrose, Buttermilk, Flavour Enhancer (E621), Preservative: Sodium Sulphite (E221), Emulsifier (Mono & Diglycerides Of Fatty Acids), Preservative (Potassium Sorbate), Flour Treatment Agent (Ascorbic Acid), Antioxidant (E300), Hydrolysed Vegetable Protein (Soya), Salt, Colours (Annatto Bixin, Curcumin), Spice Extracts, Vegetable Oil, Lactic Acid, Flavouring

Allergens

Contains Gluten	!	Contains Eggs	!
Contains Wheat	!	Contains Soybeans	!
Contains Rye	!	Contains Milk	!
Contains Barley	!	Contains Sesame	!
Contains Oats	!	Contains Sulphites	!
Contains Spelt	!		

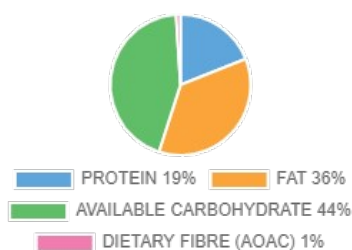
Front of Pack



of an adult's reference intake

Typical values per 100g: 1100kJ/262kcal

Energy Contributions



EU Reference Intakes

Per 100g		RI Quantity	% RI	
Energy	kJ	8400	1100	13%
Total Fat	g	70.0	10.5	15%
Saturates	g	20.0	3.9	20%
Carbohydrate	g	260.0	28.8	11%
Sugars	g	90.0	1.6	2%
Protein	g	50.0	12.1	24%
Salt	g	6.0	1.1	18%