

Nutrition

	per 100g	per 270g
Energy	1214kJ/288kcal	3279kJ/779kcal
Fat	8.9g	24g
of which Saturates	3.1g	8.3g
Carbohydrate	38g	102g
of which Sugars	2.4g	6.3g
Protein	13g	36g
Salt	1.2g	3.1g

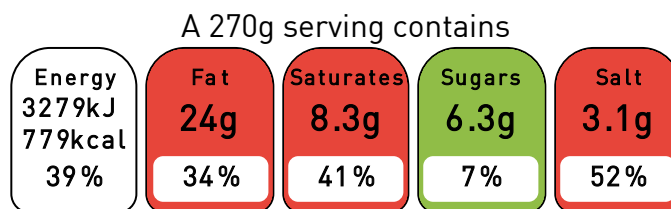
Ingredient Declaration

Wheat Flour [Rye, Barley, Oats, Spelt, Eggs, Sesame], Bacon Rashers, Back, Dry-Fried, Water, Vegetable Oil (Rapeseed, Palm Oil), Yeast, Wheat Gluten, Malted **Wheat** Flour [Rye, Barley, Oats], Buttermilk, Emulsifier (Mono & Diglycerides Of Fatty Acids), Preservative (Potassium Sorbate), Flour Treatment Agent (Ascorbic Acid), Salt, Colours (Annatto Bixin, Curcumin), Lactic Acid, Flavouring

Allergens

Contains Gluten	!	Contains Eggs	!
Contains Wheat	!	Contains Milk	!
Contains Rye	!	Contains Sesame	!
Contains Barley	!		
Contains Oats	!		
Contains Spelt	!		

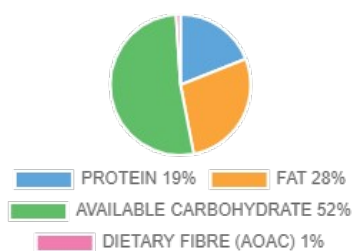
Front of Pack



of an adult's reference intake

Typical values per 100g: 1214kJ/288kcal

Energy Contributions



EU Reference Intakes

Per 100g		RI Quantity	% RI	
Energy	kJ	8400	1214	14%
Total Fat	g	70.0	8.9	13%
Saturates	g	20.0	3.1	15%
Carbohydrate	g	260.0	37.8	15%
Sugars	g	90.0	2.4	3%
Protein	g	50.0	13.4	27%
Salt	g	6.0	1.2	19%