

Nutrition

	per 100g	per Baguette
Energy	1226kJ/292kcal	2758kJ/656kcal
Fat	11g	25g
of which Saturates	1.1g	2.4g
Carbohydrate	34g	77g
of which Sugars	2.5g	5.6g
Protein	13g	28g
Salt	0.14g	0.30g

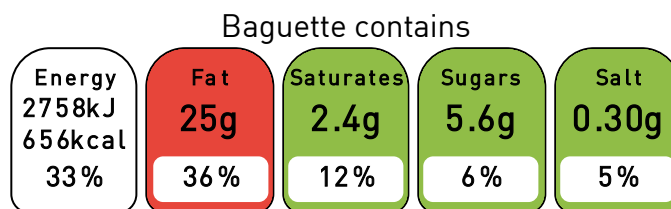
Ingredient Declaration

Wheat Flour [Rye, Barley, Oats, Spelt, Eggs, Sesame], Chicken Breast, Mayonnaise [Eggs], Water, Lettuce, Yeast, Salt, Wheat Gluten, Malted Wheat Flour [Rye, Barley, Oats], Flour Treatment Agent (Ascorbic Acid)

Allergens

- Contains Gluten !
- Contains Wheat !
- Contains Rye !
- Contains Barley !
- Contains Oats !
- Contains Spelt !
- Contains Eggs !
- Contains Sesame !

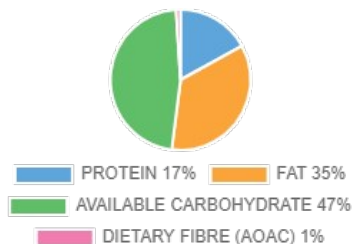
Front of Pack



of an adult's reference intake

Typical values per 100g: 1226kJ/292kcal

Energy Contributions



EU Reference Intakes

Per 100g		RI Quantity	% RI	
Energy	kJ	8400	1226	15%
Total Fat	g	70.0	11.2	16%
Saturates	g	20.0	1.1	5%
Carbohydrate	g	260.0	34.3	13%
Sugars	g	90.0	2.5	3%
Protein	g	50.0	12.6	25%
Salt	g	6.0	0.14	2%