

## Nutrition

	per 100g	per 330g
Energy	522kJ/125kcal	1721kJ/411kcal
Fat	6.5g	21g
of which Saturates	2.7g	8.9g
Carbohydrate	7.8g	26g
of which Sugars	0g	0.9g
Protein	7.9g	26g
Salt	1.1g	3.8g

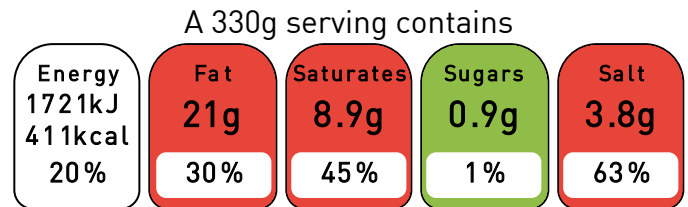
## Ingredient Declaration

White Flour [With Added Calcium Carbonate, Iron, Niacin And Thiamin] [**Wheat, Rye, Barley, Oats, Spelt**], Water, Chicken, Rusk [**Wheat**], Beef Fat, Pork, Vegetable Starch, Vegetable Oil (Rapeseed, Palm Oil), **Wheat** Flour [Calcium Carbonate, Iron, Niacin, Dextrose, Stabiliser E451] [**Rye, Barley, Oats, Spelt**], Salt, Bakers Yeast, Vegetable Oil, Dextrose, Buttermilk, Flavour Enhancer [E621], **Wheat** (Calcium, Iron, Niacin And Thiamin) [**Rye, Barley, Oats, Spelt**], Emulsifier [E481], **Soya** Flour, Emulsifier [E471] [E472], Flour Treatment (Ascorbic Acid [E300]), Enzymes, Preservative: Sodium **Sulphite** [E221], Emulsifier ( Mono & Diglycerides Of Fatty Acids), Preservative (Potassium Sorbate), Emulsifier [E471] Palm, Antioxidant [E300], Hydrolysed Vegetable Protein [**Soya**], Colours [Annatto Bixin, Curcumin], Colouring - Annatto & Curcumin, Spice Extracts, Vegetable Oil, Citric Acid, Lactic Acid, Flavouring, Natural Flavouring

## Allergens

Contains Gluten	!	Contains Soybeans	!
Contains Wheat	!	Contains Milk	!
Contains Rye	!	Contains Sulphites	!
Contains Barley	!		
Contains Oats	!		
Contains Spelt	!		

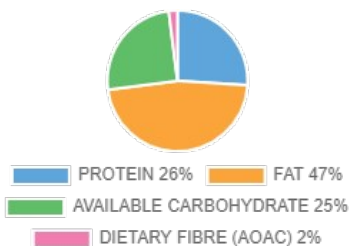
## Front of Pack



of an adult's reference intake

Typical values per 100g: 522kJ/125kcal

## Energy Contributions



## EU Reference Intakes

Per 100g		RI Quantity	% RI
Energy	kJ	8400	522 6%
Total Fat	g	70.0	6.5 9%
Saturates	g	20.0	2.7 13%
Carbohydrate	g	260.0	7.8 3%
Sugars	g	90.0	0.3 0%
Protein	g	50.0	7.9 16%
Salt	g	6.0	1.1 19%