

Nutrition

	per 100g	per Baguette
Energy	994kJ/236kcal	2544kJ/604kcal
Fat	6.8g	18g
of which Saturates	0.7g	1.8g
Carbohydrate	30g	77g
of which Sugars	2.1g	5.4g
Protein	13g	32g
Salt	0.31g	0.79g

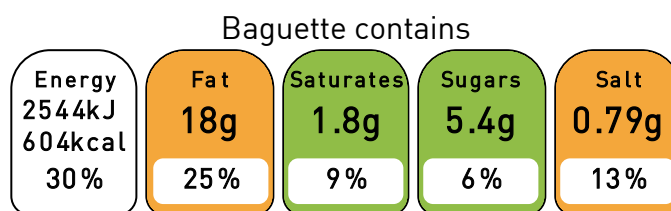
Ingredient Declaration

Wheat Flour [Rye, Barley, Oats, Spelt, Eggs, Sesame], Tuna [Fish], Water, Mayonnaise [Eggs], Cucumber, Yeast, Salt, Wheat Gluten, Malted Wheat Flour [Rye, Barley, Oats], Lemon Juice, White Pepper, Vinegar [Barley], Flour Treatment Agent (Ascorbic Acid)

Allergens

- Contains Gluten !
- Contains Eggs !
- Contains Wheat !
- Contains Fish !
- Contains Rye !
- Contains Sesame !
- Contains Barley !
- Contains Oats !
- Contains Spelt !

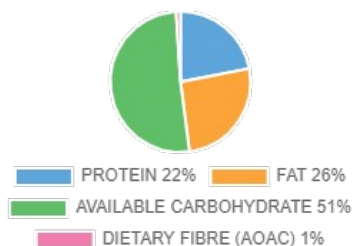
Front of Pack



of an adult's reference intake

Typical values per 100g: 994kJ/236kcal

Energy Contributions



EU Reference Intakes

Per 100g		RI Quantity	% RI
Energy	kJ	8400	994 12%
Total Fat	g	70.0	6.8 10%
Saturates	g	20.0	0.7 4%
Carbohydrate	g	260.0	30.1 12%
Sugars	g	90.0	2.1 2%
Protein	g	50.0	12.7 25%
Salt	g	6.0	0.31 5%