

# **Cheese and Onion Pasty**

Report date: 19/10/2022

### Nutrition

Energy Fat of which Saturates Carbohydrate of which Sugars Protein	<b>per 100g</b> 730kJ/176kcal 13g 8.9g 7.7g 1.5g 5.8g	<b>per 250g</b> 1824kJ/439kcal 33g 22g 19g 3.9g 14g
0	5.8g	14g
Salt	0.72g	1.8g

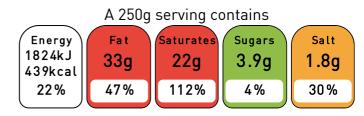
### **Ingredient Declaration**

White Flour (With Added Calcium Carbonate, Iron, Niacin And Thiamin) [Wheat, Rye, Barley, Oats, Spelt], Potato, Water, Semi-Skimmed Milk, Onions, Palm, Cheddar Cheese [Milk], Palm Fractions, Rapeseed Oil, Rapeseed, Cheese [Milk], Glaze, Salt, Colours (E160b, E100), Vegetable Oil, Flavouring, Nutmeg, Sodium Alginate, Dextrose, Milk Protein, Skimmed Milk Powder, Modified Potato Starch, Lactose [Milk], White Pepper, Emulsifier (E471), Flavouring (E160b Annatto, E100 Curcumin)

## Allergens

Contains Gluten 1 Contains Milk 1 Contains Wheat 1 Contains Rye 1 Contains Barley 1 Contains Oats 1 Contains Spelt 1 Suitable for Vegetarians

## Front of Pack



of an adult's reference intake

Typical values per 100g: 730kJ/176kcal

### **Energy Contributions**

### **EU Reference Intakes**

Per 100g		RIQ	% RI	
Energy	kJ	8400	730	9%
Total Fat	g	70.0	13.1	19%
Saturates	g	20.0	8.9	45%
Carbohydrate	g	260.0	7.7	3%
Sugars	g	90.0	1.5	2%
Protein	g	50.0	5.8	12%
Salt	g	6.0	0.72	12%

