

Chicken and Sweetcorn Pasty

Report date: 19/10/2022

Nutrition

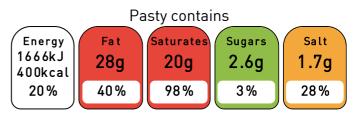
	per 100g	per Pasty
Energy	667kJ/160kcal	1666kJ/400kcal
Fat	11g	28g
of which Saturates	7.9g	20g
Carbohydrate	6.9g	17g
of which Sugars	1.0g	2.6g
Protein	6.7g	17g
Salt	0.66g	1.7g

Ingredient Declaration

White Flour (With Added Calcium Carbonate, Iron, Niacin And Thiamin) [Wheat, Rye, Barley, Oats, Spelt], Water, Potato, Chicken, Palm, Palm Fractions, Rapeseed Oil, Onions, Sweetcorn, Rapeseed, Salt, Glaze, Colours (E160b, E100), Vegetable Oil, Flavouring, Nutmeg, Sodium Alginate, Dextrose, Milk Protein, Skimmed Milk Powder, Modified Potato Starch, Lactose [Milk], White Pepper, Emulsifier (E471), Flavouring (E160b Annatto, E100 Curcumin)

Allergens

Front of Pack



of an adult's reference intake

Typical values per 100g: 667kJ/160kcal

Energy Contributions

EU Reference Intakes

Per 100g		RI Quantity		% RI
Energy	kJ	8400	667	8%
Total Fat	g	70.0	11.3	16%
Saturates	g	20.0	7.9	39%
Carbohydrate	g	260.0	6.9	3%
Sugars	g	90.0	1.0	1%
Protein	g	50.0	6.7	13%
Salt	g	6.0	0.66	11%

