

Nutrition

	per 100g	per Pasty
Energy	659kJ/159kcal	1745kJ/421kcal
Fat	12g	32g
of which Saturates	7.9g	21g
Carbohydrate	6.0g	16g
of which Sugars	1.0g	2.6g
Protein	5.5g	15g
Salt	0.85g	2.3g

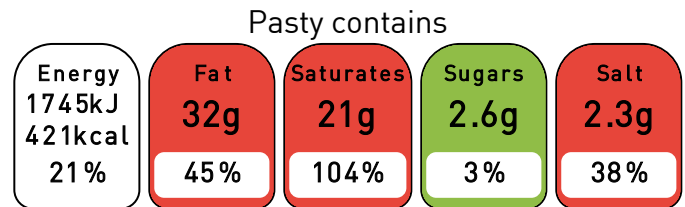
Ingredient Declaration

White Flour (With Added Calcium Carbonate, Iron, Niacin And Thiamin) [**Wheat, Rye, Barley, Oats, Spelt**], Water, Potato, Minced Beef, Palm, Swede, Carrots Grated, Onions, Palm Fractions, Rapeseed Oil, Rapeseed, Glaze, Salt, Colours (E160b, E100), Black Pepper, Emulsifier (E471), Flavouring (E160b Annatto, E100 Curcumin)

Allergens

- Contains Gluten !
- Contains Wheat !
- Contains Rye !
- Contains Barley !
- Contains Oats !
- Contains Spelt !

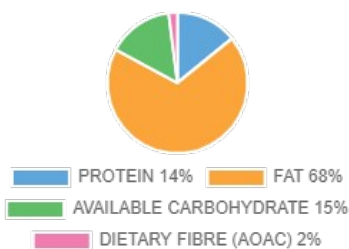
Front of Pack



of an adult's reference intake

Typical values per 100g: 659kJ/159kcal

Energy Contributions



EU Reference Intakes

Per 100g		RI Quantity	% RI
Energy	kJ	8400	659 8%
Total Fat	g	70.0	12.0 17%
Saturates	g	20.0	7.9 39%
Carbohydrate	g	260.0	6.0 2%
Sugars	g	90.0	1.0 1%
Protein	g	50.0	5.5 11%
Salt	g	6.0	0.85 14%