

Nutrition

	per 100g	per 826g
Energy	715kJ/169kcal	5903kJ/1394kcal
Fat	3.7g	31g
of which Saturates	1.7g	14g
Carbohydrate	4.0g	33g
of which Sugars	1.2g	9.7g
Protein	7.0g	58g
Salt	0.55g	4.5g

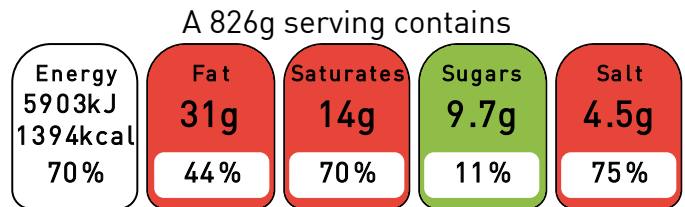
Ingredient Declaration

White Flour (With Added Calcium Carbonate, Iron, Niacin And Thiamin) [**Wheat, Rye, Barley, Oats, Spelt**], Water, Tomatoes, Spinach, Pasteurised Cows **Milk**, Black Olives, **Egg, Milk**, Salt, Granulated Sugar, Rapeseed Oil, Bakers Yeast, **Wheat** (Calcium, Iron, Niacin And Thiamin) [**Rye, Barley, Oats, Spelt**], Emulsifier (E481), **Soya** Flour, Anti Caking Agent (E535), Rennet, Basil, Onion, Garlic, Pepper, Flour Treatment (Ascorbic Acid [E300]), Enzymes, Preservative (Lysozyme Egg's Protein), Acidity Regulator (Citric Acid), Lactic Starter [**Milk**]

Allergens

- Contains Gluten
- Contains Wheat
- Contains Rye
- Contains Barley
- Contains Oats
- Contains Spelt
- Contains Eggs
- Contains Soybeans
- Contains Milk

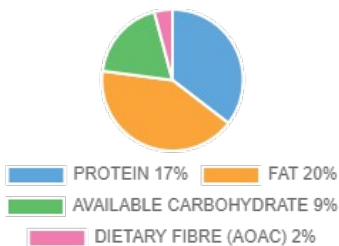
Front of Pack



of an adult's reference intake

Typical values per 100g: 715kJ/169kcal

Energy Contributions



5 a Day

A 826g serving provides...

NO PORTIONS of your five-a-day

